

**SELF-EFFICACY FOR STUDENTS' PERFORMANCE IN
PUBLIC SPEAKING CLASS**

A PAPER

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SPEAKING CLASS

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ABSTRACT

The paper entitled “Self Efficacy for Students’ Performance in Public Speaking Class” is purposed to know the factors of self-efficacy that support students’ performance in public. The research uses qualitative research and is conducted at Pakuan University, Bogor. The participants of this research are 6 students of 5th semester of the Department of English Education. This research is aimed to know the factors of self-efficacy that support students’ performance in public. Moreover, the instruments of this research include observation, questionnaire, and interview. The result of this research shows there are three factors of self-efficacy that can support students’ performance in public including through mastery experiences, vicarious experiences, and social persuasion. The first is through mastery experiences, students make the experience as a lesson for the future. It makes lessons from the mistakes that have occurred should not be repeated and should be used as a reference to help students to be better. The second is by seeing and observing other successful experiences, students will convince themselves that they can do the same or even more as the models. The third is by seeing their idols, and their idols or surrounding environment give advice or a motivation or tips and tricks, therefore they will be stimulated and more confident in their ability to be better.

Keywords: Public Speaking, Emotional States, Physical Health